

## FREE DEMENTIA TRAINING WORKSHOP

**St Andrew's Church, Eaton  
Friday 17<sup>th</sup> March 2017**



**For family carers and those who come into contact with people with dementia through their work, volunteering or other activities.**

The training workshop consists of one 4.5 hour session covering:

1. Alzheimer's Disease & Other Dementia's – gives participants a good basic understanding of the condition, its symptoms and impact on behaviour.
2. Capturing Life's Journey – introduces the benefits of recording information about the life of the person and shows how this can be used to provide high quality care.
3. Techniques to Manage Behaviours – demonstrates how some understanding together with a number of simple techniques can have a very positive impact on the individual and carer alike.
4. Activities to Encourage Engagement – provides understanding, ideas and techniques to help the carer engage the person with dementia.

Places are limited to provide a friendly, comfortable and welcoming environment. The workshop runs from 10am – 2.30pm. Refreshments are provided. Please bring a packed lunch.

**For more information or to reserve a place please contact  
Mark Johnston on 07826 542528 or [mark.johnston@homeinstead.co.uk](mailto:mark.johnston@homeinstead.co.uk)**



This workshop is brought to you by the Dementia Friendly Eaton steering group in conjunction with St Andrew's Church and Home Instead Senior Care. For more details about the steering group please contact Cllr Caroline Ackroyd on 07941 259502 or [c.ackroyd@norwichlibdems.org.uk](mailto:c.ackroyd@norwichlibdems.org.uk)